

York Catholic Parent Involvement Committee

CORDIALLY INVITES YOU TO A PRESENTATION BY
DR. ELENA MERENDA

Beyond the Worry: Raising Resilient Kids In An Anxious World

Saturday, April 5th, 2025 | 10AM-12PM

*Catholic Education Centre
320 Bloomington Road, Aurora*



Children's Healing Studio Ltd., founded and led by Dr. Elena Merenda, provides specialized support for children and families navigating challenges such as grief, disabilities, terminal illness, and emotional development. More than just a grief support center, Children's Healing Studio Ltd. is a safe space that fosters children's mental health, where children can express emotions, build resilience, and receive the support they need to navigate life's challenges, while families and educators gain valuable guidance and strategies to foster emotional well-being.

[@childrenshealingstudio](#)

Please click here to register by April 2nd



Refreshments will be provided

