



St. Agnes of Assisi

November 16

Who was St. Agnes of Assisi?

St. Agnes of Assisi was a remarkable woman who lived during the 13th century in Italy. She was the younger sister of St. Clare of Assisi, a well-known saint and follower of St. Francis of Assisi. Agnes came from a noble family but chose to dedicate her life to serving God and others.

At a young age, Agnes was deeply inspired by her sister's decision to embrace a life of poverty, prayer and devotion to God. She wanted to follow in Clare's footsteps and become a part of the Franciscan Order. So, with great determination, she joined her sister and other like-minded women to live a life of simplicity and spirituality.

Agnes and her companions established a small convent called the Monastery of San Damiano, where they lived according to the teachings of St. Francis and St. Clare. In this community, they devoted themselves to prayer, caring for the sick and the poor and leading lives of humility and service.

St. Agnes is celebrated on her feast day, which falls on November 16th in the Catholic Church. We honour her memory on this day because of her exemplary life of faith and dedication to God. She showed great love and compassion for those in need, living a life that truly reflected Christ's teachings.

St. Agnes' path to sainthood lies in her profound holiness and virtuous life. The Church recognized her extraordinary commitment to God and the impact she had on the Franciscan community. Her unwavering faith and selfless actions became a shining example of the Christian way of life.

As a saint, St. Agnes serves as an inspiration to believers, showing us the beauty of simplicity, humility and love for others. Through her intercession, we ask for her prayers and guidance to draw closer to God and follow His teachings with genuine devotion. St. Agnes of Assisi remains a beloved figure in the Church, reminding us of the power of faith and the beauty of a life lived for God and His people.

More information: [Click Here!](#)



Quotes

*"Love God, serve God;
everything is in that."*

*"Love overcomes, love delights,
those who love the Sacred Heart
rejoice."*

*"Gaze upon Him, consider Him,
contemplate Him, as you desire
to imitate Him."*

Prayer

In the name of the Father, and of the Son and of the Holy Spirit;

Dear St. Agnes of Assisi,
In your life,
you embraced the call of poverty
and dedicated yourself to a life of prayer, simplicity and service to God.

You followed in the footsteps of St. Francis and your sister, St. Clare, in living a life of love for Jesus Christ and all of God's creation.

You showed us the beauty of humility
and the power of trusting in God's providence.

Please intercede for us before the throne of God.
Help us to let go of worldly attachments and embrace a life of deeper faith and simplicity.
Teach us to find joy in the little things and to love without counting the cost.

Pray for us,
Dear St. Agnes of Assisi,
that we may grow in holiness and be ever closer to God.

May we imitate your unwavering devotion to the Eucharist
and your fervent love for the Church.

St. Agnes of Assisi,
pray for us.

Amen.

Patron Saint

The Poor

Eye Diseases and Eye
Problems

Television

Jewelry and Laundry
Workers

The Order of Saint
Clare





York Catholic District School Board



**St. Agnes
of Assisi**

FEAST DAY:
November 16

SCHOOL LOCATION:
Woodbridge, ON

*"We become what we
love, and who we love
shapes what we
become."
-St. Agnes of Assisi*

PATRON SAINT OF:

- Eye Diseases & Eye Problems
- The Poor
- Jewelry & Laundry Workers
- The Order of St. Clare

